

***Examine your history of
Work Disappointments before developing War Wounds
and set your strategy for deflecting future attacks.***

Papercut Disappointment:

Situation (short description): _____

My reaction was to: _____

This affected my work by: _____

It disrupted my personal life by: _____

I recovered (healed) by: _____

Future Strategy: Next time I will: _____

Scratch Disappointment

Situation (short description): _____

My reaction was to: _____

This affected my work by: _____

It disrupted my personal life by: _____

I recovered (healed) by: _____

Future Strategy: Next time I will: _____

Wound Disappointment

Situation (short description): _____

My reaction was to: _____

This affected my work by: _____

It disrupted my personal life by: _____

I recovered (healed) by: _____

Future Strategy: Next time I will: _____

All the very best and if you need to discuss your work (or life) situation and receive coaching or learn more about the latest training course please contact me on ladey@ladeyadey.com

Alternatively, check out Unfrozen on the Author page of ladeyadey.com

Email me to receive regular management and leadership broadcasts with an emphasis on those using their faith as a guide in the workplace.