



# 10 Top Tips: How to Reclaim Your Unique Personality at Work

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Associated with blog: [How to be yourself at work without acting out](#)

## Start today

1. Understand yourself. Take a management questionnaire and weigh it with what you believe of yourself
2. What do you like about yourself? List the top 10 skills you know you have. No false humility allowed you are good at a lot of things see just how many you can list.
3. Stop the comparison of yourself with others, certainly learn from others but form your own style and methods.
4. Pray to God and ask Holy Spirit to reveal to you, your unique personality and how you can use it to serve others in your workplace.
5. Accept that your skills have a fit with others and that together in collaboration you can produce much more than if you work alone.
6. Examine your day and ask yourself these questions? Where is your energy, what is it that you do in your workplace that sets your eyes alight, pumps you up so you happily talk to people about this aspect of your working day, what is it that makes you happily get up again tomorrow to do it all over again?
7. Re-adjust; use your present situation as your starting point and with the answers from the above find areas that you can increase usage of your favourite skills. Hone these and be creative in their use. With good results, others will notice and new opportunities will open up. If this does not happen after a little time, then investigate where you can move to where they will be noticed, accepted and encouraged.
8. Notice your mood when you are most active in your unique skill. Does it make you happier? Double check that just because you are good at something it is refreshing your soul in every part.
9. Recognise your stress areas, can these be managed and used wisely or do they beat you up, leaving you feel like a washed up rag at the end of the day?
10. Give yourself and others time to re-evaluate your skills and if you have 'acted out' in the past, have patience with others who may still be at this stage! Help them to see their hidden talents rather than condemn their outbursts.

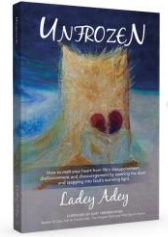
*As you read this, I thank and praise God for you, I acknowledge that you are fearfully and wonderfully made. May you realise how special you are, your personality and character can never be repeated. I pray that you can gain confidence in allowing you to come through in your workplace so you can be appreciated and valued for who you are and what you give. Amen*

(taken from Psalm 139:14-16)

**[Ladey Adey – Author, Coach, Speaker, Trainer & Passionpreneur](#)**

To arrange a free 20 minute consultation and talk about you workplace and how you can bring out your skills and personality contact Ladey on [ladey@ladeyadey.com](mailto:ladey@ladeyadey.com)

[Author of Unfrozen: How to melt your heart from life's disappointment, disillusionment and discouragement by opening the door and stepping into God's warming light.](#)



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